

## LLOYDMINSTER RECOVERY ONLINE and FACE-TO-FACE MEETINGS

|                  | AA - Alcoholics<br>Anonymous   | NA - Narcotics Anonymous   | Other Meetings  |
|------------------|--|--|---|
| <b>MONDAY</b>    | Twilight Group @ 8 PM<br>In-person at Anglican Church<br><span style="color: red;">4709 49 Ave.</span>                     |  | Sask-Alta Al-Anon @ 8 PM<br>Zoom ID # <b>807 780 7728 / 490097</b>  |
| <b>TUESDAY</b>   | Tuesday Night Open @ 8 PM<br>In-person at Native Friendship<br>Center <span style="color: red;">4602 49 Ave.</span>        |  | <b>CODA</b> Light in the Dark @ 7 PM<br>In-person at Residents in Recovery<br><br><b>ALATEEN</b> Group @ 7 PM (Ages 12-18)<br>In-person at Residents in Recovery<br><span style="color: red;">4804 50 Ave.</span> |
| <b>WEDNESDAY</b> | Big Book Study @ 8 PM<br>In-person at Anglican Church<br><span style="color: red;">4709 49 Ave.</span>                     | Narcotics Anonymous @ 8 PM<br>In-person at Living Faith Church<br><span style="color: red;">5101 31 Street</span>  | <b>Men's SA</b> – Details after preliminary meeting<br>Contact Tyler at <a href="mailto:tyler@residentsinrecovery.com">tyler@residentsinrecovery.com</a><br>for details.  |
| <b>THURSDAY</b>  | Meridian Group Open @ 8 PM<br>In-person at Native Friendship<br>Center <span style="color: red;">4602 49 Ave.</span>       | NA In-house Nooner @ 11:15 AM<br>In-person at Residents in Recovery<br><br>Women's Only NA @5:30 PM<br>In-person at Residents in Recovery<br><span style="color: red;">4804 50<sup>th</sup> Ave</span> |   |
| <b>FRIDAY</b>    | Lost and Found Group @ 8 PM<br>In-person at Anglican Church<br><span style="color: red;">4709 49 Ave.</span>               | Freedom 2000 @ 8 PM<br>In-person at WFG<br><span style="color: red;">4910 49<sup>th</sup> Street</span>  | <b>Gratitude Al-Anon</b> @10:30 AM<br>In-person at Kinsmen Hall<br><span style="color: red;">5622 50<sup>th</sup> Ave.</span>   |
| <b>SATURDAY</b>  | Side Door Group @ 9 AM<br>In-person at BCMI<br><span style="color: red;">4320 44 St.</span>                                | Fellow Travelers @ 7 PM (Hybrid)<br>In-person at Residents in Recovery<br><span style="color: red;">4804 50<sup>th</sup> Ave</span><br>Zoom ID # <b>810 4435 3249 / RECOVERY</b>                       |   |
| <b>SUNDAY</b>    | New Freedom Group @ 8 PM<br>In-person at Anglican Church<br><span style="color: red;">106 Main Street, Lashburn, SK</span> |  | <b>Border City Al-Anon Adult Children</b> @ 8 PM<br>Hybrid at Construction Association ( <span style="color: red;">5420 50<sup>th</sup> Ave</span> )<br>Zoom ID # <b>807 780 7728 / 490097</b>                    |

## Virtual Meeting Options – Personalize Your Recovery Pathway.

### 12-Step

Alcoholics Anonymous: <https://aa-intergroup.org/oiaa/meetings/>

Narcotics Anonymous: [https://www.na.org/?ID=virtual\\_meetings#find](https://www.na.org/?ID=virtual_meetings#find)

Al-Anon Meetings: <https://al-anon.org/al-anon-meetings/electronic-meetings>

CODA - <https://codacanada.ca/online-meeting-schedule>

### Other

Various categories (including 12-step): <https://www.intherooms.com/home>

- Includes (but not limited to)
- Wellbriety (Native American)
- Overeaters Anonymous
- Gamblers Anonymous

SHE Recovers: <https://sherecovers.org/together-online/>

Buddhist Recovery Network: <https://www.buddhistrecovery.org/online-meetings.htm>

- 8-Step Recovery
- Recovery Dharma
- Refuge Recovery
- The Noble Steps

LifeRing Secular Recovery: <https://lifering.org/online-meetings>

SMART Recovery: <https://www.smartrecovery.org/community/calendar.php>